## Relationships

### **PROGRAM OVERVIEW:**

Improve Your Team and Business Performance Through Improved Communication.

Everything DiSC is a personal development learning experience that measures an individual's preferences and tendencies based on the DiSC® model. This simple yet powerful model describes four basic styles: D, I, S, and C, and serves as the foundation for effective self-awareness and self-management. The combination of comprehensive personalised report, and an engaging and interactive debrief workshop, enables participants to develop individual insights that deepen their understanding of self and others.

This is followed by reflection on key stakeholder relationships using personal examples from real workplace interactions, and practice activities on those interactions. Participants will leave with a deeper ability to make workplace interactions easier and more effective, and build meaningful culture improvement in your organisation.

### **KEY LEARNING OUTCOMES:**

- Understand your comprehensive personalised report
- Develop individual insights into your behavioural styles
- Gain a deeper understanding of self and others
- Make workplace interactions more enjoyable and effective
- Build rapport and understanding with team mates.

### WHO SHOULD ATTEND?

• This course is suitable for people who interact with others in the course of their work, and would like to develop insights into why some relationships are 'easy' and others need to be managed.





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### **PROGRAM INCLUSIONS:**

- ImTraining from an experienced facilitator
- Individual Everything DISC Workplace Profile customised report on behavioural style
- Interactive learner guide
- Supported Embedding Activity Action plan for continued post workshop development.

### **DURATION:**

- 1x full day
- The program can also be delivered as 2x half days
- Fast-track Disc debrief is also available as a 4hr session.

### **PROGRAM PREREQUISITES:**

There are no prerequisites for this program. Participants will complete the My Everything Disc survey in the week prior to the program.

More than just a workshop – a programmatic approach of three events, including self-paced pre-workshop preparation pack and individualised action plan for ongoing improvement and developing the new behaviours.

All learning and development activities are able to be customised for your organisation's context: policies and procedures, suitable case studies, scenarios, examples, forms, templates, visuals and terminology.

### NOTE:

Your Disc insights journey does not have to stop with the foundation workshop. We offer follow on workshops focussing on strengthening specific areas of team communication using Disc.

These include: High Performing Teams, Managing Conflict, Building Rapport and Trust, Influencing Conversations and Stakeholder Management.





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### **DETAILED PROGRAM OUTLINE:**

### **Module 1: Self Awareness**

- Introduce the disc model
- Distribute individual reports
- Group debrief of reports
- Small group activity 'know your style'
- Supplemental report debrief

### **Module 2: Effective Relationships Across The Styles**

- Stakeholder mapping activity
- Stakeholder reflection on types
- Stakeholder communication case study practice
- Action planning for continuous development



