

are you ready to
PICK AND PACK?

UNLEASH YOUR LEADERSHIP POTENTIAL

It's your journey, we're just here to help you lead it.

Learn *grow* Transform

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PEOPLE TANK | PICK AND PACK SOLUTION



The Modules

SELECT YOUR LEARNING JOURNEY:

1. Introduction to Leadership
2. Effective Communication
3. Time Management and Productivity
4. Wellbeing and Resilience
5. Change Management
6. Emotional Intelligence
7. Fostering Innovation and High-Performing Teams
8. Diversity and Inclusion
9. Influential Communication & Stakeholder Management
10. Performance Management
11. Strategic Leadership
12. Leading with Vision
13. Decision Making & Problem Solving
14. Team Dynamics and Conflict Management

module Outlines

<p>Introduction to Leadership</p>	<p>Overview: This session introduces participants to the fundamental concepts of leadership. It focuses on understanding what it means to be a team leader and encourages participants to assess their leadership style.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Understanding the role of a Leader • Key leadership theories and styles • Self-assessment and personal leadership development 	<p>Effective Communication</p>	<p>Overview: This session equips participants with the skills needed to communicate effectively with their teams, covering verbal and non-verbal communication, active listening, and feedback.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Verbal and Non-Verbal Communication Skills • Active Listening Techniques • Giving and Receiving Feedback
<p>Time Management and Productivity</p>	<p>Overview: This session focuses on enhancing productivity through effective time management and delegation techniques.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Prioritisation and Delegation • Time Management Techniques • Setting and Achieving Goals 	<p>Wellbeing and Resilience</p>	<p>Overview: This session focuses on promoting wellbeing and building resilience within teams, including stress management and work-life balance strategies.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Promoting Team Wellbeing and Mental Health • Building Resilience in Oneself and Others • Stress Management Techniques

module Outlines

<p>Change Management</p>	<p>Overview: This session prepares participants to lead their teams through change, covering both the psychological and practical aspects of change management.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Understanding Change and Its Impact • Leading and Managing Change Within a Team • Communicating Change Effectively 	<p>Emotional Intelligence</p>	<p>Overview: This session helps participants develop emotional intelligence (EQ), focusing on self-awareness, self-regulation, and empathy.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Understanding Emotional Intelligence (EQ) • Developing Self-Awareness and Self-Regulation • Empathy and Social Skills in Leadership
<p>Fostering Innovation and High-Performing Teams</p>	<p>Overview: This session is designed to empower leaders to create a culture of innovation within their teams, encouraging continuous improvement and high performance through diversity, equity, and inclusion.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Creating a Culture of Innovation • Encouraging Risk-Taking and Experimentation • Diversity, Equity, and Inclusion in High-Performing Teams 	<p>Diversity and Inclusion</p>	<p>Overview: This session explores the importance of diversity and inclusion in the workplace, including how to address unconscious bias and promote equity.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Understanding Diversity in the Workplace • Creating an Inclusive Team Environment • Addressing Unconscious Bias

module Outlines

<p>Influential Communication & Stakeholder Management</p>	<p>Overview: This session aims to develop advanced communication skills, focusing on how leaders can effectively influence stakeholders and build strong relationships that drive organisational success.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Techniques for Influential Communication • Storytelling as a Leadership Tool • Building and Managing Stakeholder Relationships 	<p>Performance Management</p>	<p>Overview: This session covers the essentials of setting expectations, conducting performance reviews, and coaching team members.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Setting Clear Expectations and Goals • Conducting Performance Reviews • Coaching and Mentoring Team Members
<p>Strategic Leadership</p>	<p>Overview: This session is dedicated to enhancing strategic thinking and decision-making capabilities, enabling leaders to anticipate market trends, identify growth opportunities, and adapt to changing business environments.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Developing Strategic Thinking Skills • Data-Driven Decision Making • Agile Leadership in a Dynamic Business Environment 	<p>Leading with Vision</p>	<p>Overview: This session focuses on the importance of vision in leadership, exploring how senior leaders can shape the organisational vision and align it with core values to inspire and engage their teams.</p> <p>Key Topics:</p> <ul style="list-style-type: none"> • Crafting and Communicating a Compelling Vision • Aligning Personal Values with Organisational Purpose • The Role of Vision in Driving Team Engagement.

module Outlines

Decision Making & Problem Solving	<p>Overview: This session equips participants with critical thinking and analytical skills for effective decision-making and problem-solving.</p> <p>Key Topics:</p> <ul style="list-style-type: none">• Critical Thinking and Analytical Skills• Decision-Making Models and Tools• Problem-Solving Techniques	Team Dynamics and Conflict Management	<p>Overview: This session delves into team dynamics, exploring how to build and maintain effective teams, understand team roles, and manage conflicts.</p> <p>Key Topics:</p> <ul style="list-style-type: none">• Building and Maintaining High-Performing Teams• Understanding Team Roles and Dynamics• Conflict Resolution and Management.
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ELEVATE YOUR LEADERS, ELEVATE YOUR TEAM, ELEVATE YOUR BUSINESS.

Learning Tanks

Learning Tanks are **90-minute virtual sessions** that reinforce and apply skills from previous leadership workshops. They provide a space for leaders to discuss successes, challenges, and areas needing support, guided by the same facilitator from the original workshop.

Delivered 6-8 weeks after the initial training, these group coaching sessions revisit key concepts and identify, what's worked, what hasn't landed, and we offer additional expert coaching on the spot to ensure your leaders are supported.

WHY ARE LEARNING TANKS IMPORTANT?

- **Reinforcement:** Ensure training is retained and effectively applied in the workplace.
- **Peer Collaboration:** Leaders solidify learning by sharing experiences and troubleshooting challenges.
- **Enhanced ROI:** Ongoing support ensures skills contribute to better performance and sustained growth.
- **Long-Term Value:** Maximise the impact of initial training for lasting organisational benefits.



So... let's
Get Started



PeopleTank
Learn, grow, Transform.

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