
Removing Brain Blinkers

Part Two

PROGRAM OVERVIEW:

In the half-day version of the Brain Blinkers program, Anthony engages in experiential learning, professional development training and further proves the concept by immersing the group in pastel sketching. At first, delegates do not believe they are capable of creating the sketch within 60 minutes, but as they listen to Anthony's instructions and learn techniques, methods, and processes used throughout the ages by artists around the world, they quickly prove themselves wrong. The end result is a personal masterpiece that astounds the delegate and remains as irrefutable proof that we can change the way we think and what we believe and totally transform our outcomes and performance.

Participants will:

- Take part in a Pastel Sketching immersion activity to prove beliefs can be changed.

KEY LEARNING OUTCOMES:

- Unblock yourself and others from mental barriers that get in the way of effective change & high performance.

WHO SHOULD ATTEND?

You, if you are ready to:

- Invest in yourself
- Improve your mindset
- Ready to take action.

PROGRAM INCLUSIONS:

- Pastels and material kit
- Clear and precise direction to removing your limiting self beliefs
- Your very own masterpiece
- Materials will be delivered directly to you and your teams prior to the workshop*.

DURATION:

- 1 - 2hr sessions available online via ZOOM*
- 1 - 2hr sessions available face to face.

PROGRAM PREREQUISITES:

- There are no prerequisites for this program.

